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10 Things to Do in Calgary During the July Long Weekend

Check out a new festival celebrating Chinese culture, immerse yourselves in a Disney experience, see a whimsical circus show and more.



The GoldenCrust family. Photo by Nicolas Descoteaux.

Stop by a music festival with modern composers

When: June 27 to 29

Now in its second year, Sound Atlas is a unique music festival celebrating contemporary music by both local and international musical composers. The music selection here is vast, with artists pushing the boundaries of what music can be. Prepare for some adventurous listening, including performances by event hosts Latitude 49, a mixed-chamber ensemble exploring classical music styles with a modern lens.

Contemporary Calgary, 701 11 St. S.W., 403-770-1350, soundatlasfest.com

Watch the Pan-American showjumping competition at Spruce Meadows

When: June 27 to June 30

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Equestrian fans have something to be excited about this weekend, with the return of the Pan-American show jumping competition at Spruce Meadows. Catch all of the action from these incredible animal athletes and their riders as they compete in multiple events over the four-day tournament. If you stop by on June 30, Spruce Meadows is also holding a Canada Day celebration that day with a special barbecue, performances, shopping areas and more show jumping events.

18011 Spruce Meadows Way S.W., 403-974-4200, sprucemeadows.com

Immerse yourself in a new Disney experience

When: On now until August 18

Disney-stans will love this new immersive experience taking place at the BMO Centre. Walk through some of the most iconic Disney scenes — explore Pride Rock from *The Lion King*, wander through the Casita from Encanto, the magic carpet ride from Aladdin and more, all while enjoying the music and animation of these Disney classics as you go. The experience takes about one hour to walk through.

20 Roundup Way. S.E., disneyimmersive.com

Check out a whimsical circus show at ContainRFest

When: June 28 and 29

As part of ContainRFest 2024, Green Fools presents GoldenCrust, a travelling circus troupe that tours the country in an RV, and this long weekend they're setting up in Calgary. Head to ContainR park from 7 to 8 p.m. on Friday, and 3 to 4 p.m. on Saturday, to watch this show full of hilarious antics and fun

talents. 1020 2 Ave. N.W., springboardperformance.com

Eat s'mores at a new spot in Chinatown

If you only go camping for the s'mores, you're in luck — S'more Please is a new spot in Calgary serving up inventive varieties of s'mores as well as coffee. This new shop makes all the marshmallows and graham crackers in house, with your choice of toppings to make your perfect treat. S'more Please will

also be offering a special Canadian flavour combination on Canada Day. 202D Centre St. S, 403-454-4875, smoreplease.ca

Head to Chinatown for a festival celebrating Chinese culture and traditions

When: June 29

The first annual Xiang Loong Festival is set to showcase and celebrate Chinese culture at the Calgary Chinese Cultural Centre. The main portion of this festival will take place on June 29, with dragon and lion dance performances, martial arts demonstrations, a local vendor market and more. The remainder of the festival will take place on weekends until July 14, with events like a Chinese-style Stampede breakfast, a dragon boat workshop, a street chalk art festival and more.

197 1 St. S.W., culturalcentre.ca

Celebrate Canada Day around downtown Calgary

When: July 1

If you're looking for something to do on Canada Day, there are a number of different activities to check out at three downtown locations. At The Confluence Historic Site & Parkland, there will be a main stage with a lineup of Canadian artists, an Indigenous artisans market, and an Indigenous Showcase and Powwow Arena; St. Patrick's Island will feature three stages with live music, food trucks and other family-friendly activities; and Olympic Plaza will also host live music performances, multicultural performances and more. And, of course, you can watch the Canada Day fireworks at 11 p.m., launching from Stampede Park.

Shop for local goods at this new store in Southcentre Mall

Shop Makers is a new Calgary store that helps local makers sell their wares. Makers rent store space for a set membership fee and all of the product sales go directly back to them. At the Southcentre location, shoppers can expect great finds from local businesses like Misoyou Candle Co, Antler and Ace, Your Local Plant Mami and more.

Read More: Shop Makers is Calgary's Newest Destination for Local Products

Southcentre Mall, 100 Anderson Rd. S.E., shopmakers.ca

Watch a prom-themed performance at Pumphouse Theatre

When: On now until June 29 From Untold Stories Theatre comes *The Prom*, a play about four Broadway stars attempting to put their

mark on a small-town prom. The play centres around a high school dance and one girl who plans to take her girlfriend. When the town objects and puts the prom in jeopardy, the stars take it upon themselves to change the prom and the citizens' attitudes — all while shining a spotlight on themselves. This musical comedy is showing at The Pumphouse Theatre, with the last show on June 29 at 2 p.m. 2140 Pumphouse Ave. S.W., 403-263-0079, untoldstoriestheatre.com

Try Bombay street food at a new Indian restaurant From the team behind Bombay Tiger, Ninja Tiger is a new restaurant offering Bombay street food and

Maharashtrian cuisine. Tucked in along Memorial Drive, Ninja Tiger has a cozy dining room overlooking the downtown skyline. It offers up dishes like vada paav (a fried potato patty that's a street food staple), a variety of meat, fish and veg curries, and the house specialty, the Tiger Thali platter that comes with over 20 items — perfect for if you can't decide on one dish or want a little bit of everything.

412 Memorial Dr., 403-454-5440, ninjatiger.ca

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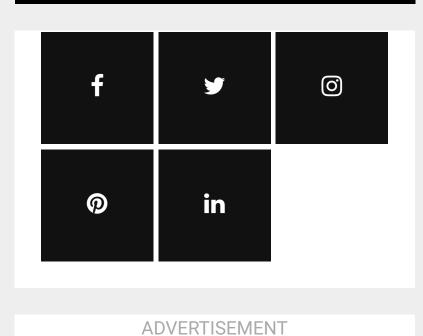
Are you planning to do any camping this summer?

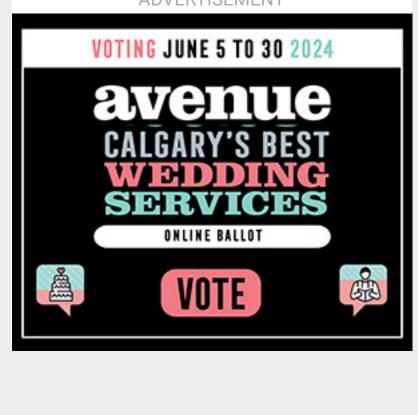
- Yes, I booked my campsites early
- Yes, if I can find any last minute reservations
- Yes, but I prefer backcountry camping
- Maybe, if the opportunity comes up I'm not sure
- O No, I'm not a camper

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